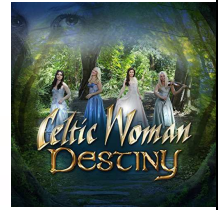




Tír Na Nog



Choreographed by Magali Chabret - November, 2017 - www.galichabret.com

Description : Improver line dance - 32 counts - 4 wall - tag + restart

Music : **Tír na nÓg (Celtic Woman feat. Oonagh)** - [CD : Destiny, 2016]

95 bpm - 15 seconds intro (16 + 8 counts)

S1 : R HEEL GRIND, SWITCH, L HEEL GRIND ¼ TURN L, TRIPLE BACK, BACK ROCK

- 1-2& Cross right heel over Lf – grind right heel stepping back on Lf – close Rf next to Lf
3-4 Cross left heel over Rf – grind left heel turning 1/4 left stepping back on Rf (9:00)
5&6 Step back on Lf – step Rf beside Lf – step back on Lf
7-8 Rock back on Rf – recover onto Lf

S2 : R & L TRIPLE STEP FWD, PIVOT ¼ TURN L, CROSS, SIDE, TAP

- 1&2 Step Rf forward – step Lf beside Rf – step Rf forward
3&4 Step Lf forward – step Rf beside Lf – step Lf forward
5-6 Step Rf forward – pivot 1/4 turn left (6:00)
7&8 Cross Rf over Lf – step Lf to side – tap ball of Rf behind left heel

S3 : HEEL SPLIT TWICE, “TOE TAP HEEL CROSSES“ TWICE, R MAMBO FWD

- &1&2 Split heels apart – bring heels to center – split heels apart – bring heels to center (weight on L)
3&4& Tap right toe behind left heel – step Rf to side – tap left heel across Rf – step onto Lf in place [**]
5&6& Tap right toe behind left heel – step Rf to side – tap left heel across Rf – step onto Lf in place
7&8 Rock Rf forward – recover onto Lf – close Rf next to Lf [*]

S3 : FWD ROCK, TRIPLE ¾ TURN L, MODIFIED VAUDEVILLE L/R

- 1-2 Rock Lf forward – recover onto Rf
3&4 Turn 1/2 left stepping Lf forward – step Rf beside Lf – turn 1/4 left stepping Lf slightly forward (9:00)
5&6& Cross Rf over Lf – step Lf to side – touch right heel diagonally right – step Rf beside Lf
7&8& Cross Lf over Rf – step Rf to side – touch left heel diagonally left – step Lf beside Rf

Tag at the end of first wall, facing 9:00 :

- 1-2 hold - hold

* **Restart 1** : 3rd wall starts facing 6:00, dance 24 counts changing count 24 by a Touch Rf , then restart the dance facing 12:00

** **Restart 2** : 7th wall starts facing 3:00, dance 20 counts (S3, counts 3&4&), then restart the dance facing 9:00

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr

Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.